



SISTERS SCHOOL DISTRICT

JANUARY 2023



OFFERED DAILY
 ~ Variety of Fruits & Vegetables ~
 Local "rBST free" Milk ~ 100% Juice

Mon	Tue	Wed	Thu	Fri
2 NO SCHOOL For Students In-Service Workday	3 BREAKFAST French Toast Sticks W/Sausage Fruit/Juice/Milk LUNCH Chicken Nuggets W/Dinner Roll Garden Veggies	4 BREAKFAST Bagel w/Cream Cheese Fruit/Juice/Milk LUNCH Corn Dog W/Sweet Potato Fries	5 BREAKFAST Egg & Cheese Biscuit Fruit/Juice/Milk LUNCH Protein Bowl Rice/Beans/Cheese Garden Veggies	6 BREAKFAST Yogurt W/Granola Fruit/Juice/Milk LUNCH Turkey Sandwich Garden Veggies
9 BREAKFAST Whole Grain Muffin Fruit/Juice/Milk LUNCH Mozzarella Cheese Sticks W/Marinara Garden Veggies	10 BREAKFAST French Toast Sticks W/Sausage Fruit/Juice/Milk LUNCH Turkey Taco Spiced Corn	11 BREAKFAST Bagel w/Cream Cheese Fruit/Juice/Milk LUNCH Sloppy Joe Crinkle Fries COOKIE DAY	12 BREAKFAST Egg & Cheese Biscuit Fruit/Juice/Milk LUNCH BBQ Chicken Burger Potato Wedges	13 BREAKFAST Yogurt W/Granola Fruit/Juice/Milk LUNCH Chicken Salad Sandwich Garden Veggies
16 MLK Day Holiday No School	17 BREAKFAST French Toast Sticks W/Sausage Fruit/Juice/Milk LUNCH Cheese Pizza Garden Salad	18 BREAKFAST Bagel/Cream Cheese/ Fruit/Juice/Milk LUNCH Toasted Cheese W/ Tomato Soup Garden Veggies	19 BREAKFAST Egg & Cheese Biscuit Fruit/Juice/Milk LUNCH Chicken Nuggets w/ Dinner Roll Garden Veggies	20 BREAKFAST Yogurt W/Granola Fruit/Juice/Milk LUNCH Variety Wraps Garden Veggies
23 BREAKFAST Whole Grain Muffin Fruit/Juice/Milk LUNCH Corn Dog Jo Jo's	24 BREAKFAST French Toast Sticks W/Sausage Fruit/Juice/Milk LUNCH Mozzarella Cheese Sticks w/ Marinara Garden Veggies	25 BREAKFAST Bagel w/Cream Cheese Fruit/Juice/Milk LUNCH Chicken Nuggets W/Dinner Roll Garden Veggies	26 BREAKFAST Egg & Cheese Biscuit Fruit/Juice/Milk LUNCH Chicken Pasta Alfredo Garden Veggies	27 BREAKFAST Yogurt W/Granola Fruit/Juice/Milk LUNCH Turkey Sandwich Garden Veggies
30 BREAKFAST Whole Grain Muffin Fruit/Juice/Milk LUNCH Cheese Pizza Garden Veggies	31 BREAKFAST French Toast Sticks W/Sausage Fruit/Juice/Milk LUNCH Chicken Patty Burger Spiced Potato Wedges			<p>Choose MyPlate gov</p>

SES - Breakfast \$2.55 Lunch \$3.45 SMS - Breakfast \$2.55 Lunch \$3.75 SHS - Breakfast \$2.55 Lunch \$4.05
 This institution is an equal opportunity provider.
 Menu Subject To Change