

SISTERS SCHOOL DISTRICT

NOVEMBER 2021



OFFERED DAILY

A Variety Of Fruits & Vegetables Local "rBST free" Milk ~ 100% Juice
10-29-21

Mon	Tue	Wed	Thu	Fri
<p>1</p> <p>BREAKFAST Whole Grain Muffin Milk/Juice/Fruit</p> <p>LUNCH Cheese Pizza Fresh Fruits & Veggies</p>	<p>2</p> <p>BREAKFAST Yogurt & Granola Milk/Fruit/Juice</p> <p>LUNCH Chicken Strips W/Fries Fresh Fruits & Veggies</p>	<p>3</p> <p>BREAKFAST Bagel W/Cream Cheese Milk/Juice/Fruit</p> <p>LUNCH Fish Sticks & Fries Fresh Fruits & Veggies</p>	<p>4</p> <p>BREAKFAST French Toast W/ Sausage Links Milk/Juice/Fruit</p> <p>LUNCH Chicken Pesto/ Broccoli Pasta Fresh Fruits & Veggies</p> <p>COOKIE DAY</p>	<p>5</p> <p>BREAKFAST Sausage Cheese Biscuit Milk/Juice/Fruit</p> <p>LUNCH Chicken Patty Burger W/Tots Fresh Fruits & Veggies</p>
<p>8</p> <p>BREAKFAST Whole Grain Muffin Milk/Juice/Fruit</p> <p>LUNCH Chicken Nuggets W/ Dinner Roll Fresh Fruits & Veggies</p>	<p>9</p> <p>BREAKFAST Yogurt & Granola Milk/Fruit/Juice</p> <p>LUNCH Toasted Cheese Sand- wich W/Tomato Soup Fresh Fruits & Veggies</p>	<p>10</p> <p>BREAKFAST Bagel W/Cream Cheese Milk/Juice/Fruit</p> <p>LUNCH Mozzarella Cheese Sticks W/Marinara Fresh fruits & Veggies Regular Day ES & MS 1/2 Day At High School</p>	<p>11</p> <p>In Service No School For Students</p>	 <p>No School Veteran's Day</p>
<p>15</p> <p>BREAKFAST Whole Grain Muffin Milk/Juice/Fruit</p> <p>LUNCH Chicken Patty Burger W/ Fries Fresh Fruits & Veggies</p>	<p>16</p> <p>BREAKFAST Yogurt & Granola Milk/Fruit/Juice</p> <p>LUNCH Bean/Cheese/Rice Bowl W/Dinner Roll Fresh Fruits & Veggies</p>	<p>17</p> <p>BREAKFAST Bagel W/Cream Cheese Milk/Juice/Fruit</p> <p>LUNCH Cheese Pizza Fresh Fruits & Veggies</p>	<p>18</p> <p>BREAKFAST French Toast W/ Sausage Links Milk/Juice/Fruit</p> <p>LUNCH Holiday Meal See Below</p>	<p>19</p> <p>BREAKFAST Sausage Cheese Biscuit Milk/Juice/Fruit</p> <p>LUNCH Chicken Nuggets W/ Dinner Roll Fresh Fruits & Veggies</p>
<p>HOLIDAY BREAK</p> <p>22 23 24 25 26</p> <p>HAPPY THANKSGIVING</p> 				
<p>29</p> <p>BREAKFAST Whole Grain Muffin Milk/Juice/Fruit</p> <p>LUNCH Chicken Nuggets W/ Dinner Roll Fresh Fruits & Veggies</p>	<p>30</p> <p>BREAKFAST Yogurt & Granola Milk/Fruit/Juice</p> <p>LUNCH Cheese Pizza Fresh Fruits & Veggies</p>	<p>All Student Complete Meals Are No Charge</p>	<p><i>Holiday Meal ; Tur- key—Mashed Potatoes - Gravy - Cran- berry Sauce (Scratch Made) - Dinner Roll - Green Beans - Pump- kin pie - Fresh Fruits & Veggies Plus what- ever else we can think of! :)</i></p>	 <p>ChooseMyPlate.gov</p>

SES - Breakfast \$2.10 Lunch \$2.85 SMS - Breakfast \$2.10 Lunch \$3.10 SHS - Breakfast \$2.10 Lunch \$3.35
This facility is an equal opportunity provider.
Menu Subject To Change