



**SISTERS
SCHOOL
DISTRICT**



**SEPTEMBER
2019**

OFFERED DAILY
*Loaded Salad Bar ~ Variety of Fruits & Vegetables
Local rBST free Milk ~ 100% Juice*

Mon	Tue	Wed	Thu	Fri
2 	3 BREAKFAST Cereal & Fruit French Toast Sticks/ Sausage LUNCH Pepperoni Pizza Garden Salad GRADES 1—9	4 BREAKFAST Cereal & Fruit Yogurt & Granola LUNCH Chicken Patty Burger Tots GRADES 10-12	5 BREAKFAST Cereal & Fruit Pancake & Sausage LUNCH Corn Dog Garden Salad	6 BREAKFAST Cereal & Fruit Bagels & Cream Cheese LUNCH Cheese Quesadilla Spiced Corn
9 BREAKFAST Cereal & Fruit Egg & Cheese Biscuit LUNCH Chicken Fajitas KG FIRST DAY	10 BREAKFAST Cereal & Fruit French Toast Sticks/ Sausage LUNCH Pork Ribbette Tots	11 BREAKFAST Cereal & Fruit Yogurt & Granola LUNCH Pepperoni Pizza Garden Salad	12 BREAKFAST Cereal & Fruit Pancake & Sausage LUNCH Turkey Sandwich Spiced Tots	13 BREAKFAST Cereal & Fruit Bagels & Cream Cheese LUNCH Chicken Taco Crinkle Fries
16 BREAKFAST Cereal & Fruit Egg & Cheese Biscuit LUNCH Chicken & Cheese Quesadilla Spiced Corn	17 BREAKFAST Cereal & Fruit French Toast Sticks/ Sausage LUNCH BBQ Pulled Pork Sandwich Tots	18 BREAKFAST Cereal & Fruit Yogurt & Granola LUNCH Chicken Tenders Garden Salad	19 BREAKFAST Cereal & Fruit Pancake & Sausage LUNCH Macaroni & Cheese With Ham Cole slaw	20 BREAKFAST Cereal & Fruit Bagels & Cream Cheese LUNCH Vegetarian Chili Dinner Roll Crinkle Fries
23 BREAKFAST Cereal & Fruit Egg & Cheese Biscuit LUNCH Bean & Cheese Burritos Spiced Corn	24 BREAKFAST Cereal & Fruit French Toast Sticks/ Sausage LUNCH Pepperoni Pizza Italian Salad	25 BREAKFAST Cereal & Fruit Yogurt & Granola LUNCH Fish Sticks Cole Slaw	26 BREAKFAST Cereal & Fruit Pancake & Sausage LUNCH Chicken Drumettes Crinkle Fries	27 BREAKFAST Cereal & Fruit Bagels & Cream Cheese LUNCH Mozzarella Cheese Sticks Italian Salad
30 BREAKFAST Cereal & Fruit Egg & Cheese Biscuit LUNCH Chicken Tender Wrap Garlic Black Beans	FIRST DAY OF SCHOOL GRADES 1-9 September 3rd	FIRST DAY OF SCHOOL GRADES 10-12 September 4th	FIRST DAY OF SCHOOL KINDERGARTEN September 9th	 ChooseMyPlate.gov

SES - Breakfast \$2.10 Lunch \$2.85 SMS - Breakfast \$2.10 Lunch \$3.10 SHS - Breakfast \$2.10 Lunch \$3.35
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