


# SISTERS SCHOOL DISTRICT

## FEBRUARY 2019



**OFFERED DAILY**  
*Fresh Salad Greens ~ Variety of fruits and vegetables*  
*Local "rBST free" Milk ~ 100% Juice*

| Mon  | Tue  | Wed  | Thu   | Fri   |
|--|--|--|---|---|
| <p><i><b>All Of Our Grain Products Utilize Whole Grains :)</b></i></p>   | <p><b>ELEMENTARY</b></p> <p><b>Dr. Seuss Spirit Week</b><br/>February 25th – March 1st</p>   | <p><b>ELEMENTARY</b></p> <p><b>Green Eggs &amp; Ham</b><br/>Lunch 3/1/19</p>   |  <p>ChooseMyPlate.gov</p>   | <p>1</p> <p><b>BREAKFAST</b><br/>Cereal &amp; Fruit<br/>Biscuit and Gravy</p> <p><b>LUNCH</b><br/>Chicken Nuggets W/<br/>Dinner Roll<br/>Garden Salad</p> |
| <p>4</p> <p><b>BREAKFAST</b><br/>Cereal &amp; Fruit<br/>Sausage &amp; Cheese<br/>Biscuit<br/><b>LUNCH</b><br/>Chicken Patty Burger<br/>Crinkle Fries</p>               | <p>5</p> <p><b>BREAKFAST</b><br/>Cereal &amp; fruit<br/>French Toast Sticks &amp;<br/>Sausage<br/><b>LUNCH</b><br/>Bean &amp; Cheese Burrito<br/>Garden Salad</p>      | <p>6</p> <p><b>BREAKFAST</b><br/>Cereal &amp; Fruit<br/>Bagels &amp; Cream Cheese</p> <p><b>LUNCH</b><br/>Taco pizza<br/>Tossed Salad</p>                                | <p>7</p> <p><b>BREAKFAST</b><br/>Cereal &amp; Fruit<br/>Yogurt Parfait<br/><b>LUNCH</b><br/>Egg Roll W/Brown<br/>Rice<br/>Green Beans<br/><b>COOKIE DAY</b></p> | <p>8</p> <p><b>BREAKFAST</b><br/>Cereal &amp; Fruit<br/>Biscuit and Gravy<br/><b>LUNCH</b><br/>Roasted Chicken<br/>Dinner Roll<br/>Roasted Broccoli</p>   |
| <p>11</p> <p><b>BREAKFAST</b><br/>Cereal &amp; Fruit<br/>Sausage &amp; Cheese<br/>Biscuit<br/><b>LUNCH</b><br/>Corn Dog<br/>Crinkle Fries</p>                          | <p>12</p> <p><b>BREAKFAST</b><br/>Cereal &amp; fruit<br/>French Toast Sticks &amp;<br/>Sausage<br/><b>LUNCH</b><br/>Chicken &amp; Bean Nachos<br/>Spiced Corn</p>      | <p>13</p> <p><b>BREAKFAST</b><br/>Cereal &amp; Fruit<br/>Bagels &amp; Cream Cheese</p> <p><b>LUNCH</b><br/>Chicken Nuggets W/<br/>Dinner Roll<br/>Garden Salad</p>       | <p>14</p> <p><b>BREAKFAST</b><br/>Cereal &amp; Fruit<br/>Yogurt Parfait</p> <p><b>LUNCH</b><br/>Fish Tacos w/ slaw<br/>Spiced Corn</p>                          | <p>15</p> <p><b>BREAKFAST</b><br/>Cereal &amp; Fruit<br/>Biscuit and Gravy</p> <p><b>LUNCH</b><br/>Toasted Cheese<br/>Sandwich<br/>Tomato Soup</p>        |
| <p>18</p> <p><b>NO SCHOOL HOLIDAY</b></p> <p><b>PRESIDENT'S DAY</b></p>  | <p>19</p> <p><b>BREAKFAST</b><br/>Cereal &amp; fruit<br/>French Toast Sticks &amp;<br/>Sausage<br/><b>LUNCH</b><br/>Vegetarian Chili<br/>Corn Bread</p>                | <p>20</p> <p><b>BREAKFAST</b><br/>Cereal &amp; Fruit<br/>Bagels &amp; Cream Cheese<br/><b>LUNCH</b><br/>Meat Lasagna<br/>Dinner Roll<br/>Garden Salad</p>                | <p>21</p> <p><b>BREAKFAST</b><br/>Cereal &amp; Fruit<br/>Yogurt Parfait<br/><b>LUNCH</b><br/>Orange Chicken/<br/>Brown Rice<br/>Spiced Green Beans</p>          | <p>22</p> <p><b>BREAKFAST</b><br/>Cereal &amp; Fruit<br/>Biscuit and Gravy</p> <p><b>LUNCH</b><br/>Chicken Soft Taco<br/>Spiced Corn</p>                  |
| <p>25</p> <p><b>BREAKFAST</b><br/>Cereal &amp; Fruit<br/>Sausage &amp; Cheese<br/>Biscuit<br/><b>LUNCH</b><br/>BBQ Pork Ribbette<br/>Spiced Corn</p> <p><b>Dr.</b></p> | <p>26</p> <p><b>BREAKFAST</b><br/>Cereal &amp; fruit<br/>French Toast Sticks &amp;<br/>Sausage<br/><b>LUNCH</b><br/>Corn Dog<br/>Crinkle Fries</p> <p><b>Seuss</b></p> | <p>27</p> <p><b>BREAKFAST</b><br/>Cereal &amp; Fruit<br/>Bagels &amp; Cream Cheese</p> <p><b>LUNCH</b><br/>Variety Pizza<br/>Italian Salad</p> <p><b>Celebration</b></p> | <p>28</p> <p><b>BREAKFAST</b><br/>Cereal &amp; Fruit<br/>Yogurt Parfait</p> <p><b>LUNCH</b><br/>Cheese Quesadilla<br/>Spiced Corn</p> <p><b>Elementary</b></p>  | <p><b>March 1st</b></p> <p><b>Elementary School Lunch</b></p> <p><b>Green Eggs &amp; Ham With A Biscuit</b></p> <p><b>School</b></p>                      |

SES - Breakfast \$2.10 Lunch \$2.85 SMS - Breakfast \$2.10 Lunch \$3.10 SHS - Breakfast \$2.10 Lunch \$3.35  
 USDA and this facility are equal opportunity providers and employers.