



SISTERS SCHOOL DISTRICT

OCTOBER 2018



OFFERED DAILY
Garden Salad ~ Variety of Fruits & Vegetables
Local "rBST free" Milk ~ Juice

Mon	Tue	Wed	Thu	Fri
1 BREAKFAST Cereal & Fruit Sausage & Cheese Biscuit LUNCH Corn Dog Tater Tots	2 BREAKFAST Cereal & Fruit Bagel & Cream Cheese LUNCH Bean & Cheese Burrito Spiced Corn	3 BREAKFAST Cereal & Fruit Yogurt & Granola LUNCH Chicken Nuggets Garden Salad Dinner Roll	4 BREAKFAST Cereal & Fruit Pancakes & Sausage LUNCH Baked Potato Bar With all the fixins w/ Dinner Roll	5 BREAKFAST Cereal & Fruit Muffin & Smoothie LUNCH Pepperoni/Veg/Cheese Pizza & Salad
8 BREAKFAST Cereal & Fruit Sausage & Cheese Biscuit LUNCH Chicken Fajita Green Beans	9 BREAKFAST Cereal & Fruit Bagel & Cream Cheese LUNCH Mozzarella Sticks W/ Marinara Sauce Italian Garden Salad	10 BREAKFAST Cereal & Fruit Yogurt & Granola LUNCH Chicken Patty Burger Cole Slaw	11 BREAKFAST Cereal & Fruit Pancakes & Sausage LUNCH Toasted Cheese Sand- wich W/Tomato Soup Tater Tots	12 NO SCHOOL INSERVICE
15 BREAKFAST Cereal & Fruit Sausage & Cheese Biscuit LUNCH Cheese Quesadilla Spiced Corn	16 BREAKFAST Cereal & Fruit Bagel & Cream Cheese LUNCH Veggie Egg Rolls w/Brown Rice Orange Slices	17 BREAKFAST Cereal & Fruit Yogurt & Granola LUNCH White Pizza Tossed Salad	18 BREAKFAST Cereal & Fruit Pancakes & Sausage LUNCH Chicken Nuggets Garden Salad Dinner Roll	19 BREAKFAST Cereal & Fruit Muffin & Smoothie LUNCH Cheeseburger Crinkle Fries
22 BREAKFAST Cereal & Fruit Sausage & Cheese Biscuit LUNCH Meatloaf/Mashed Potatoes & Dinner Roll	23 BREAKFAST Cereal & Fruit Bagel & Cream Cheese LUNCH Pep/Sausage/Cheese or Veggie Pizza Caesar Salad	24 BREAKFAST Cereal & Fruit Yogurt & Granola LUNCH Vegetarian Chili W/ Cornbread COOKIE DAY	25 NO SCHOOL CONFERENCES	26 NO SCHOOL
29 BREAKFAST Cereal & Fruit Sausage & Cheese Biscuit LUNCH Chicken Soft Taco Spiced Corn	30 BREAKFAST Cereal & Fruit Bagel & Cream Cheese LUNCH Sloppy Joe Burger Green Beans	31 BREAKFAST Cereal & Fruit Yogurt & Granola LUNCH Pepperoni/Veggie Pizza Garden Salad	CELEBRATE NATIONAL FARM TO SCHOOL MONTH	

SES - Breakfast \$2.10 Lunch \$2.85 SMS - Breakfast \$2.10 Lunch \$3.10 SHS - Breakfast \$2.10 Lunch \$3.35
 USDA and this facility are equal opportunity providers and employers.