



SISTERS SCHOOL DISTRICT

OCTOBER 2017



OFFERED DAILY
Garden Salad ~ Variety of Fruits & Vegetables
Local "rBST free" Milk ~ Juice

| Mon | Tue | Wed | Thu | Fri |
|---|--|---|--|---|
| <p>2</p> <p>BREAKFAST Cereal & Fruit Sausage & Cheese Biscuit</p> <p>LUNCH Corn Dog Tater Tots</p> | <p>3</p> <p>BREAKFAST Cereal & Fruit Bagel & Cream Cheese</p> <p>LUNCH Bean & Cheese Burrito Spiced Corn</p> | <p>4</p> <p>BREAKFAST Cereal & Fruit Yogurt & Granola</p> <p>LUNCH Chicken Nuggets Crinkle Fries</p> | <p>5</p> <p>BREAKFAST Cereal & Fruit Breakfast Burrito</p> <p>LUNCH Cheese Stuffed Ravioli In Marinara Sauce Mixed Green Salad</p> | <p>6</p> <p>BREAKFAST Cereal & Fruit Muffin & Smoothie</p> <p>LUNCH Pepperoni/Veg/Cheese Pizza & Salad</p> |
| <p>9</p> <p>BREAKFAST Cereal & Fruit Sausage & Cheese Biscuit</p> <p>LUNCH Chicken Fajita Green Beans</p> | <p>10</p> <p>BREAKFAST Cereal & Fruit Bagel & Cream Cheese</p> <p>LUNCH Mozzarella Sticks W/ Marinara Sauce Italian Garden Salad</p> | <p>11</p> <p>BREAKFAST Cereal & Fruit Yogurt & Granola</p> <p>LUNCH Chicken Patty Burger Cole Slaw</p> | <p>12</p> <p>BREAKFAST Cereal & Fruit Breakfast Burrito</p> <p>LUNCH Toasted Cheese Sand- wich W/Tomato Soup and Tater Tots</p> | <p>13</p> <p>NO SCHOOL</p> <p>INSERVICE</p> |
| <p>16</p> <p>BREAKFAST Cereal & Fruit Sausage & Cheese Biscuit</p> <p>LUNCH Chicken/Cheese Quesadilla Spiced Corn</p> | <p>17</p> <p>BREAKFAST Cereal & Fruit Bagel & Cream Cheese</p> <p>LUNCH Veggie Egg Rolls w/Brown Rice w/Orange Slices</p> | <p>18</p> <p>BREAKFAST Cereal & Fruit Yogurt & Granola</p> <p>LUNCH White Pizza Tossed Salad</p> | <p>19</p> <p>BREAKFAST Cereal & Fruit Breakfast Burrito</p> <p>LUNCH Macaroni & Cheese Mixed Vegetables</p> | <p>20</p> <p>BREAKFAST Cereal & Fruit Muffin & Smoothie</p> <p>LUNCH Cheeseburger (80/20 beef &Tillamook Cheese) Crinkle Fries</p> |
| <p>23</p> <p>BREAKFAST Cereal & Fruit Sausage & Cheese Biscuit</p> <p>LUNCH Pep/Sausage/Cheese or Veggie Pizza Caesar Salad</p> | <p>24</p> <p>BREAKFAST Cereal & Fruit Bagel & Cream Cheese</p> <p>LUNCH Chicken Taquitos W/ PeaCamole & Beans Shredded Lettuce Salad</p> | <p>25</p> <p>BREAKFAST Cereal & Fruit Yogurt & Granola</p> <p>LUNCH Vegetarian Chili W/ Cornbread Spiced Corn</p> | <p>26</p> <p>NO SCHOOL</p> <p>CONFERENCES</p> | <p>27</p> <p>NO SCHOOL</p> |
| <p>30</p> <p>BREAKFAST Cereal & Fruit Sausage & Cheese Biscuit</p> <p>LUNCH Chicken Soft Taco Spiced Corn</p> | <p>31</p> <p>BREAKFAST Cereal & Fruit Bagel & Cream Cheese</p> <p>LUNCH Sloppy Joe Burger Green Beans COOKIE DAY</p> | | <p>CELEBRATE</p> <p>NATIONAL</p> <p>FARM</p> <p>TO</p> <p>SCHOOL</p> <p>MONTH</p> | <p>Choose MyPlate.gov</p> |

SES - Breakfast \$2.00 Lunch \$2.75 SMS - Breakfast \$2.00 Lunch \$3.00 SHS - Breakfast \$2.00 Lunch \$3.25
 USDA and Sisters School District No. 6 are equal opportunity providers and employers.